

What's on the Menu?

March 2023

Secondary Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Alternates Offered Daily

- Assorted Muffins
- Bagels
- Cereal
- Breakfast Bars
- Oatmeal
- Parfaits

Sides

- Sausage Patty/Links
- Turkey Bacon
- Homefries
- Grits
- Strawberries
- Blueberries
- Peaches
- 100% Juice
- Fresh Fruit

BEA
WASTE
WARRIOR

LET'S GET
COOKING

1
Scrambled Eggs
Choice of Sides

2
Breakfast Pizza
With Cheese and
Turkey Sausage

3
Cheese Omelet
Choice of sides



6
Hot Turkey
Ham, Egg &
Cheese
Sandwich

7
Pancakes with
choice of
toppings
syrup/strawberrie
s/blueberries

8
Pancakes with
Syrup
Choice of sides

9
Scrambled Eggs
Choice of sides

10
Turkey Sausage,
Egg and Cheese
Breakfast
Sandwich



13
Pancakes
Choice of Sides

14
Cheese Omelet
Choice of sides

15
Western Style
Eggs
Choice of sides

16
Waffles With
Syrup
Choice of sides

17
Turkey Ham,
Cheese and Egg
Sandwich
Choice of Sides



20
Breakfast Pizza
With Cheese and
Turkey Sausage

21
Scrambled Eggs
Choice of Sides

22
Waffles with
Syrup
Choice of sides

23
SCHOOL
CLOSED

24
Pancakes with
Syrup
Choice of Sides



27
French Toast
Choice of Sides

28
Breakfast Pizza
With Cheese and
Turkey Sausage

29
Pancakes with
Syrup
Choice of sides

30
Hot Turkey Ham,
Egg & Cheese
Sandwich

31
Cheese Omelet
Choice of sides



All meals served with low fat milk

*This institution is an equal opportunity provider.
Menu subject to change without notice.*

Annette Santiago
973 677-4000 x41732

chartwells
serving up happy & healthy

What's on the Menu?

March 2023
Orange Secondary Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Protein/Protein
Substitute
Fruit
Vegetable
Bread/Grain
Choice of milk**



1
Home Made
Meatloaf
Mashed Potatoes
with gravy
Peas and Carrots

2
Philly Cheesesteak
with Peppers and
Onions
Seasoned Fries

3
Chicken and
Waffles
With Syrup
Seasoned Corn



Deli
M-Turkey & Cheese
T-Turkey Ham &
Cheese
W-Italian Hoagie
Th-Chicken Salad
F-Tuna Salad

6
Oven Fried
Chicken Legs
Dinner Roll
Vegetarian Beans

7
Chicken Fajitas
Cilantro Lime
Brown Rice
Pineapple Salsa
Mexicali Corn

8
Pasta with
Meatballs
Garlic Bread
Romaine Salad

9
Sweet & Sour
Chicken
Brown Rice
Asian Vegetables

10
Roasted Chicken
Candied Yams
Carrot Coins
Dinner Roll



Wild Greens
M-Caesar Salad
T-Tuna Salad
W-Chef Salad
Th-Cheese Salad
F-BBQ Chicken
Salad

13
Three Cheese Or
Meat Lasagna
Dinner Roll
Sauteed Spinach

14
Early Dismissal
No Lunch Service

15
Taco Bar
Tacos or Fajitas
Rice and Beans
Choice of
Toppings

16
Bubbly Baked
Macaroni &
Cheese
Carrot Coins
Dinner Roll

17
Homemade
Meatloaf
Mashed Potatoes
Seasoned Peas

**All Meals Come
Complete with
Choice of
vegetable, fruit,
grain and Low
fat milk**

2Mato
• Cheese Pizza
• Pepperoni
• Turkey Sausage
• Veggie
• Meatlovers

20
8 Pc Roasted
Chicken
Candied Yams
Chopped Spinach
Dinner Roll

21
Beef Nachos
Choice of
Toppings
Salsa
Shredded Cheddar

22
Teriyaki Chicken
Brown Rice
Mixed Vegetables

23
School Closed

24
BBQ Shredded
Beef Sandwiches
Tater Tots
Mixed Veggies

**BEA
WASTE
WARRIOR**

**Fresh Grill
Offered Daily**
• Hamburger
• Cheeseburger
• Chicken Patty
• Chicken
Parmesan

27
Mashed Potato &
Popcorn Chicken
Bowl
Seasoned Corn,
Shredded Cheddar
Dinner Roll

28
Taco Bar
Tacos or Fajitas
Rice and Beans
Choice of
Toppings

29
Chicken Alfredo
Whole Grain
Spaghetti
Peas & Carrots
Garlic Bread

30
Three Cheese
Mac & Cheese
Broccoli
Dinner Roll

31
Swedish
Meatballs
Mashed Potatoes
Green Beans

**MOOD
BOOST**

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vegetable and choice of
Low fat milk**

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